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Complete List of Authors:	Zhao, Qinghua; Wageningen University, Envrionmental science group Van den Brink, Paul; Wageningen University, Envrionmental science group Carpentier, Camille ; University of Namur, Research Unit of Environmental and Evolutionary Biology, Namur Institute of Complex Systems, and Institute of Life, Earth, and the Environment, Wang, Yingying; Wageningen Universiteit, Environmental Sciences Rodríguez-Sánchez, Pablo ; Wageningen University, Envrionmental science group Xu, Chi; Nanjing University, School of Life Sciences; Wageningen University, Department of Aquatic Ecology and Water Quality Management Vollbrecht, Silke ; Wageningen University, Envrionmental science group Gillissen, Frits ; Wageningen University, Envrionmental science group Vollebregt, Marlies ; Wageningen University, Envrionmental science group Wang, Shaopeng; Peking University, Department of Ecology De Laender, Frederik; Namur University, Biology Department
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Horizontal and vertical diversity jointly shape food web stability against small and large perturbations.

Qinghua Zhao[1], Paul J. Van den Brink[1,2,*], Camille Carpentier[3], Yingying. X. G. Wang[4], Pablo Rodríguez-Sánchez[1], Chi Xu[5], Silke Vollbrecht[1], Frits Gillissen[1], Marlies Vollebregt[1], Shaopeng Wang[6], Frederik De Laender[3]

[1]Aquatic Ecology and Water Quality Management Group, Wageningen University, P.O. Box 47, 6700 AA Wageningen, The Netherlands

[2]Wageningen Environmental Research, P.O. Box 47, 6700 AA Wageningen, The Netherlands

[3]Research Unit of Environmental and Evolutionary Biology, Namur Institute of Complex Systems, and Institute of Life, Earth, and the Environment, University of Namur, Rue de Bruxelles 61, 5000 Namur, Belgium

[4]Resource Ecology Group, Wageningen University, Droevendaalsesteeg 3a, 6708 PB Wageningen, The Netherlands

[5]School of Life Sciences, Nanjing University, Nanjing 210023, China

[6]Institute of Ecology, College of Urban and Environmental Science, and Key Laboratory for Earth Surface Processes of the Ministry of Education, Peking University, 100871 Beijing, China

E-mail addresses (in order of authors): qinghua.zhao@wur.nl, paul.vandenbrink@wur.nl, camille.carpentier@unamur.be, yingying.wang@wur.nl, pablo.rodriguezsanchez@wur.nl, xuchi@nju.edu.cn, svollbrecht@gmx.net, frits.gillissen@wur.nl, marlies.vollebregt@wur.nl, shaopeng.wang@pku.edu.cn, frederik.delaender@unamur.be

*Correspondence author. E-mail: paul.vandenbrink@wur.nl Phone:+3131748615, Fax: +31317419000

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ABSTRACT

The biodiversity of food webs is composed of horizontal (i.e. within trophic levels) and vertical diversity (i.e. the number of trophic levels). Understanding their joint effect on stability is a key challenge. Theory mostly considers their individual effects and focuses on small perturbations near equilibrium in hypothetical food webs. Here, we study the joint effects of horizontal and vertical diversity on the stability of hypothetical (modelled) and empirical food webs. In modelled food webs, horizontal and vertical diversity increased and decreased stability, respectively, with a stronger positive effect of producer diversity on stability at higher consumer diversity. Experiments with an empirical plankton food-web, where we manipulated horizontal and vertical diversity and measured stability from species interactions and from resilience against large perturbations, confirmed these predictions. Taken together, our findings highlight the need to conserve horizontal biodiversity at different trophic levels to ensure stability.

INTRODUCTION

Diversity (i.e., species richness) within food webs is important for sustaining ecosystem functions such as biomass production, energy flow and nutrient uptake (Otto *et al.* 2007; Rooney & McCann 2012; Soliveres *et al.* 2016; Barnes *et al.* 2018; Wang & Brose 2018). Diversity can be characterized in two dimensions (Duffy *et al.* 2007; Srivastava & Bell 2009; Wang & Brose 2018): the number of species within trophic levels (i.e., horizontal diversity) and the number of trophic levels (i.e., vertical diversity). Horizontal and vertical diversity both affect the functioning and stability of food webs, via different mechanisms (Duffy *et al.* 2007). Effects of horizontal diversity are driven by competitive interactions, while effects of vertical diversity are mediated by predation. Horizontal and vertical diversity may interact with each other (Duffy *et al.* 2007). For instance, producer coexistence can be indirectly mediated by consumer diversity (Brose 2008).

Until now, the effects of horizontal and vertical diversity on food web stability (i.e., via local stability analysis) have been mostly treated separately (Pimm & Lawton 1977; Duffy *et al.* 2007), and mainly using small trophic modules (Pimm & Lawton 1977; McCann *et al.* 1998; Thébault & Loreau 2005). No information is available on their joint effect in multitrophic food webs. Horizontal diversity of consumers is expected to increase stability (McCann *et al.* 1998), because a higher number of consumer species decreases the per capita energy flux in consumer-resource interactions by decreasing the per capita consumption rate (Crowder *et al.* 1997; Perna *et al.* 2004; Finke & Denno 2005), hence stabilizing the consumer-resource links (Rip & Mccann 2011; Gilbert *et al.* 2014). Producer diversity can increase stability (McCann 2000) by increasing the potential for niche differentiation among consumers (Novotny *et al.* 2006; Jetz *et al.* 2009; Poisot *et al.* 2013), or again weaken consumer-resource

interactions (Berlow 1999; Hillebrand & Cardinale 2004; Edwards *et al.* 2010; Moore & de Ruiter 2012). In contrast, vertical diversity is expected to decrease stability in simple food chains via increasing recovery times (Pimm & Lawton 1977; Morin & Lawler 1995; Post 2002). This negative vertical diversity effect has been evoked as an explanation for the limited number of trophic levels in natural food webs (Pimm & Lawton 1977; Morin & Lawler 1995; McHugh *et al.* 2010; Sabo *et al.* 2010).

In natural systems, horizontal and vertical diversity will vary jointly. For example, the decrease of vertical diversity (e.g., the extinction of top predators) could cause cascades that lead to species extinction, lowering horizontal diversity (Crooks & Soulé 1999; Borrvall & Ebenman 2006; Srivastava & Bell 2009). In addition, ecosystem succession and degradation often change both horizontal and vertical diversity (Ferris & Matute 2003; Maharning *et al.* 2009; Yang *et al.* 2018). Hence, it is critical to understand how horizontal (both producer and consumer) and vertical diversity interact and shape food web stability.

The individual effects of horizontal and vertical diversity on local stability are often examined by analysing the Jacobian matrix (hereafter 'Jacobian'). This approach assumes that systems are near equilibrium and exposed to small perturbations (May 2001; Allesina & Tang 2012, 2015). However, ecosystems are often far away from equilibrium (Allesina & Tang 2015) and face large perturbations (De Laender *et al.* 2016). This makes it uncertain if stability analyses based on the Jacobian provide useful information for real-world perturbations (May 2001). Alternative stability measures have therefore been proposed (Grimm & Wissel 1997; Arnoldi *et al.* 2016; Donohue *et al.* 2016). Examples include population recovery and resistance following severe perturbations (Isbell *et al.* 2015; Baert *et al.* 2016; Hillebrand *et al.* 2018) and the coefficient of temporal variation of population dynamics (McCann 2000; Pennekamp *et al.*

2018). Recent work indicates that these alternative stability measures may correlate poorly (Ives & Carpenter 2007; Montoya *et al.* 2013; Hillebrand *et al.* 2018; Radchuk *et al*. 2019). For example, temporal stability is positively associated with diversity, while the latter is negatively correlated with resistance (Pennekamp *et al.* 2018).

In this paper, we combine models and experiments to examine the joint effect of horizontal and vertical diversity on food web stability. We define stability using two kinds of metric: either based on the assumption of small near equilibrium perturbations, or on biomass and compositional recovery following large perturbations away from equilibrium. To this end, we first analysed the joint effect of horizontal (the number of producer/consumer species) and vertical diversity (the number of trophic levels) on the Jacobian-based stability of randomly created food webs. Second, we manipulated horizontal and vertical diversity in an experiment with a planktonic food web and quantified their joint effect on stability, measured using empirically established Jacobian matrices. Finally, we quantified the effect of horizontal and vertical diversity on the stability of the same food web, but now measured as resilience following large perturbations caused by two types of chemicals.

Overall, our results show for the first time that the positive effect of producer diversity on stability increases with consumer diversity, regardless of vertical diversity. In contrast, vertical diversity always decreased stability. This trend emerged from all analyses and suggests that conserving diversity within multiple trophic levels is key to promote food web stability.

MATERIALS AND METHODS

Model and simulations

We conducted a full factorial design with 24 food web configurations: four levels of horizontal diversity at the first trophic level (producer diversity equalled 6, 7, 8, or 9), three levels of

horizontal diversity at the second trophic level (consumer diversity equalled 3, 4, or 5), and two levels of vertical diversity (2 or 3 trophic levels). This design reflects the empirically observed triangularity of food webs (Woodward *et al.* 2005; Turney & Buddle 2016). We deliberately omitted omnivores (species consuming at multiple trophic levels), because omnivores have already been proven to stabilize food webs by creating weak predator-prey interactions (Neutel *et al.* 2002, 2007). Food web connectance (i.e. the number of links divided by the square of the number of species) was set to 0.10 (Dunne *et al.* 2002a, b; Williams *et al.* 2002). The links were randomly distributed between adjacent trophic levels.

We described community dynamics with generalised Lotka–Volterra equations (Eq. 1) (Emmerson & Yearsley 2004; Gibbs *et al.* 2018; Maynard *et al.* 2018):

$$\frac{dN_i}{dt} = N_i\left(b_i + \sum_j a_{ij}N_j\right) \quad (1)$$

where N_i and N_j are the population density of species i and j, respectively; b_i is the intrinsic per capita growth rate of species i. The b_i is positive for producers, where it represents the density independent growth rate, while b_i is negative for consumers and predators, where it represents a death rate. The a_{ij} is the per capita effect of species j on the growth rate of species i.

The growth rate b_i for all producers was equal to 1, which guaranteed that emergent food web patterns were a direct effect of horizontal/vertical diversity, rather than fitness differences among species (Maynard *et al.* 2018). For consumers and predators, we randomly drew b_i from a uniform distribution U(−0.001, 0) while b_i for predators was generated from U(-0.0001,0) (Eklöf & Ebenman 2006). We ensured that the b_i of predators were less negative than the b_i of consumers, because species at higher trophic levels often have larger body sizes, and therefore lower mortality rates (Borrvall *et al.* 2000). We ensured that intraspecific

competition a_{ii} (i=j) was stronger for primary producers (-1) than for consumers and predators (-0.1) (Berg *et al.* 2011; Kadoya *et al.* 2018). Interspecific competitions a_{ij} (i≠j) among producers were sampled from U(-0.5, 0) and set symmetrically to avoid cycling or chaos (Maynard *et al.* 2018)(Eklöf & Ebenman 2006). Consumers competed indirectly by sharing producers, and direct interspecific interactions among consumers were thus set to zero (Eklöf & Ebenman 2006).

Finally, the a_{ij} (i≠j), the per capita effect of consumers (or predators) species j on the per capita growth rate of producers (or prey) species i, were sampled from U(−0.5, 0) when a consumer (or predator) only consumed one producer (or prey) (Eklöf & Ebenman 2006). Considering that interaction strengths in natural systems communities often have skewed distributions with mostly weak and only few strong interactions (Borrvall *et al.* 2000), one strong a_{ij} was sampled from U(-0.4, 0) and assigned randomly (Eklöf & Ebenman 2006), if the number of producers (or prey) was larger than one. The weak a_{ij} were sampled from U(-0.1,0) divided by the number of prey species minus one (Borrvall *et al.* 2000; Borrvall & Ebenman 2006). Hence, the total effect of a consumer (or predator) on all its producers (or prey) a_{ij} always varied between −0.5 and 0, but the average per capita effect of a consumer (or predator) on its producers (or prey) decreased with the number of producers (or prey) (McCann *et al.* 1998; Borrvall *et al.* 2000). A rationale for this approach and more details can be found in the *supplementary information 1*. The effect of producers (or prey) on consumers (or predators) is given by a_{ji}, which is positive: $a_{ji} = -\mathrm{k} * a_{ij}$, with k representing the efficiency of the resources being converted into consumers, which was set at 0.2 (Borrvall & Ebenman 2006; Eklöf & Ebenman 2006).

Per food web configuration, we created 10,000 food webs, yielding 240,000 food webs. For each food web, we calculated stability as follows. First, we calculated equilibrium population density (directly solving the equations $0 = b_i + \sum_j a_{ij}\hat{N}_j$ on Eq. 1) and verified if all equilibrium densities were positive. If this was the case, we retained the particular food web, otherwise we discarded it. For each food web configuration, more than 95% of the generated food webs were feasible with positive equilibrium densities (Table S1). Next, we used these equilibria to compute the Jacobian for this food web. Finally, we quantify stability using the recovery time, defined as the negative reciprocal of the real part of the dominant eigenvalue of the Jacobian, i.e. $(-1/\mathrm{real}(\lambda_{\max}))$ (Pimm & Lawton 1977; Emmerson & Yearsley 2004; Moore & de Ruiter 2012). A larger recovery time indicates a lower stability. Finally, we conducted two sensitivity analyses to inspect how our results changed with the selected parameter ranges (Fig S1-3).

Experiments: general conditions

We experimentally tested the effect of horizontal and vertical diversity on the stability of a freshwater plankton food web representative of Dutch ditches. These two experiments, each lasted for 21 days, were performed in 900 mL glass jars, filled with 500 ml WC medium (Guillard & Lorenzen 1972; Frenken *et al.* 2018) and contained in a water bath at constant temperature (19.9 ºC ± 0.8 ºC) and a light regime of 12h: 12h (light: dark). The light intensity at the surface (measured with a LI-COR LI-250A, LI-COR Biosciences, Lincoln, USA) was 120 µmol m^{-2} s^{-1}, and was created using Ceramalux® Phillips 430 Watt High Pressure Sodium Non-Cycling Lamps. We worked with field-collected organisms (details are in the *supplementary information 2*). The total initial bio-volume of producers (algae) and consumers (invertebrate grazers) was always 25 mm^3 and 0.2 mm^3, respectively, regardless of producer and consumer diversity (richness). For the systems with three trophic levels, we added one individual of

predator *Chaoborus* to each system. The predators used in the experiments had mean individual body length 11.21 ± 0.04 mm. In both experiments, we worked with 4 replicates.

Experiment 1: empirical Jacobian matrices

The aim of the experiment was to examine how stability, based on empirically constructed Jacobian matrices varied with horizontal and vertical diversity. We manipulated horizontal diversity, at the first (producers; 1 or 5 species) and second trophic level (consumers; 1 or 4 species), and vertical diversity (2 or 3 trophic levels) in a full factorial design (Table S2). At all combinations, we estimated interactions (within and between tropic levels) to characterize the Jacobian on day 21 after the start of the experiment. The off-diagonal elements of this matrix are per capita interactions, which we estimated as the per capita material fluxes between consumers (or predators) and producers (or consumers) (de Ruiter *et al.* 1995; Neutel *et al.* 2007; Schwarz *et al.* 2017). The effect of consumers (or predators) on producers (or consumers) is given by $J_{ji} = -\frac{F_{ij}}{M_j}$, and the effect of producers (or consumers) on consumers (or predators) is given by $J_{ij} = e_j\frac{F_{ij}}{M_i}$, where F_{ij} is the energy flux from i to j (e.g. from producers to consumers), e_j is the assimilation efficiency of j, and M_i and M_j (g m^{-2}) are the biomass of i and j , respectively (Schwarz *et al.* 2017). The diagonal elements of the Jacobian are $J_{ii} = -s\frac{X_i}{M_i}$, where X_i is the metabolism of trophic level i,and *s* is a free parameter between 0 and 1 (Schwarz *et al.* 2017). Because s cannot be determined empirically in complex food webs, we determined the smallest s leading to all eigenvalues of the Jacobian having negative real parts. The value of s represents the stability of the community against small perturbations, assessed based on estimated interactions (Schwarz *et al.* 2017). It is therefore conceptually similar to recovery time (smaller values indicate more stable food webs)

obtained with the model and is referred to as the degree of self-damping. Details on the calculation of F_{ij} , X_i, and M are provided in the *supplementary information 3*.

Experiment 2: large perturbations

The objective of this experiment was to examine how horizontal and vertical diversity affected the stability against large perturbations. Here, we applied functional and compositional resilience as stability metrics. We manipulated the same experimental factors as in experiment 1, and added one additional factor: pesticide exposure (absent or present). We performed this experiment twice, once using the insecticide chlorpyrifos (1 µg l^{-1}), and once using the herbicide linuron (100 µg l^{-1}), selectively targeting consumers and producers, respectively (Wijngaarden *et al.* 1996; Daam *et al.* 2009). Experimental procedures were identical to the experiment 1. Information on chemical administration is provided in *supplementary information 4*. We measured community biomass, community composition (using the same methods as for experiment 1 and on days 6 and 21 day) and stability. To measure stability we first measured functional resilience (the recovery rate of total biomass) as (Isbell *et al.* 2015; Baert *et al.* 2016):

$$\text{functional resilience} = \frac{|B_{control,6} - B_{stress,6}|}{|B_{control,21} - B_{stress,21}|} \quad (2)$$

where $B_{control,6}$, $B_{control,21}$, $B_{stress,6}$ and $B_{stress,21}$ represent the total biomass in the control (no pesticide) and exposure (pesticide present) on days 6 and 21. Functional resilience is >1 if biomass differences between the control and stress treatment decrease between day 6 and 21, and <1 otherwise. Larger values mean faster recovery.

Next, we measured compositional resilience (compositional recovery) as (Baert *et al.* 2016; Hillebrand *et al.* 2018):

$$\text{compositional resilience} = \left(\overbrace{1 - \frac{\sum_i |N_{i_{control,21}} - N_{i_{stress,21}}|}{\sum_i N_{i_{control,21}} + \sum_i N_{i_{stress,21}}}}^{BC_{21}}\right) - \left(\overbrace{1 - \frac{\sum_i |N_{i_{control,6}} - N_{i_{stress,6}}|}{\sum_i N_{i_{control,6}} + \sum_i N_{i_{stress,6}}}}^{BC_6}\right) \quad (3)$$

Compositional resilience can be considered an abundance-based change of Bray-Curtis similarity between day 6 (BC_6) and day 21 (BC_{21}) (Baert *et al.* 2016; Hillebrand *et al.* 2018), where N_i is abundance of species i. Positive values reflect that compositions of the control and disturbed communities converge between day 6 and day 21, while negative values imply compositional divergence. Again, larger values mean faster recovery.

Analysis of simulated and empirical data

To the simulated data, we applied linear regression to estimate the effect of producer, consumer, and vertical diversity, and their pairwise interactions, on the recovery time. To interpret potential effects on recovery time, we also tested for diversity effects on average interaction strengths, defined as the square root of the average of all the off-diagonal elements in the interaction matrix $J_{ij}(i \neq j)$ with total species T i.e., $\left(\sqrt{\frac{\sum_{i \neq j} J_{ij}^2}{T(T-1)}}\right)$ (May 2001; Moore & de Ruiter 2012), again using linear regression.

To the data from experiment 1, we applied linear mixed models to test for the effect of producer, consumer, and vertical diversity, and their pairwise interactions, on the degree of self-damping, as calculated from the estimated interactions. We used species identity as a random effect to exclude the potential confounding effect of species identity.

To understand possible effects of diversity on the degree of self-damping, we examined diversity effects on three variables underlying the degree of self-damping: consumer biomass, the energy flux into consumers, and interaction strengths. We did so by first applied the mixed model to test for the effect of producer, consumer, and vertical diversity, and their pairwise

interactions (again with species identity as a random effect) on these three variables. Next, we constructed linear regression models to examine the relationship between (1) consumer biomass and energy flux into consumers, (2) energy flux into consumers and the absolute value of interaction strength of consumers to producers, and finally (3) the absolute value of interaction strength of consumers to producers and degree of self-damping (minimum s). Again, we used mixed models with species identity as a random effect, and included interactions between horizontal and vertical diversity. We adopted the same approach for predator biomass, energy flux into predator, and absolute value of interaction strength of predator to consumer. However, note that by definition, vertical diversity here was always three, so we could only analyse the effects of horizontal diversity.

To the data from experiment 2, we again used linear mixed-effects models (species identity was again a random effect) to test for the effect of producer, consumer, and vertical diversity and their pairwise interactions on the two measures of recovery (Eq. 2 and 3). Because these measures depend on how total biomass changed with time, we also included sampling time and chemical concentrations into the analysis of total biomass. All models were fitted with the lme4 package in R (Bates *et al.* 2014).

RESULTS

Model simulations

Producer and consumer diversity both promoted stability, i.e., decreased recovery time (Fig. 1). The positive effect of producer diversity on stability increased with increasing consumer diversity, and this trend was not qualitatively changed by vertical diversity. Vertical diversity on itself always decreased stability. Stability was highest at high horizontal (producer and

consumer) diversity and low vertical diversity, and lowest at low horizontal diversity and high vertical diversity (Fig. 1a,b), indicating that high horizontal diversity can compensate the stability loss caused by vertical diversity. These results were robust to changing all parameters simultaneously from their reference value by -20% and +20% (Fig. S1). Outside of this range, the model results were sensitive to the conversion efficiency k (Fig. S2), where larger k destabilized the food webs and switched the diversity-stability relationship, as expected (Rip & Mccann 2011; Barbier & Loreau 2019). When fixing the conversion efficiency k to its reference value, the model results were robust to changes of up to -60% and +60% of all parameters except k (Fig. S3).

Experiment 1: empirical Jacobian matrices

Producer, consumer, and vertical diversity all affected food web stability. In line with the model predictions, both producer and consumer diversity increased food web stability (i.e., decreasing the degree of self-damping) and the impact of producer diversity on stability increased with increasing consumer diversity. Also in line with the model results, vertical diversity on itself decreased stability (Fig. 2a,b). Stability was highest at high horizontal (both producer and consumer) diversity and low vertical diversity, and was lowest at low horizontal diversity (producer and consumer) and high vertical diversity (Fig. 2a,b).

The effects of horizontal and vertical diversity on stability were associated with effects on consumer biomass, energy fluxes, and interaction strengths between trophic levels. Consumer biomass increased with producer and consumer diversity but decreased with vertical diversity (Fig. 2c,d). Diversity did not affect predator biomass (Table S3).

Interactions of producer, consumer, and vertical diversity affected the energy flux into consumers (Fig. 2e,f). At high vertical diversity (i.e., 3), horizontal diversity of either producers

or consumers increased the energy flux into consumers (Fig. 2f). This higher energy flux was associated with higher consumer biomass (Fig. 3a). Under low vertical diversity (i.e., 2), however, horizontal diversity decreased the energy flux (Fig. 2e), while increasing consumer biomass (Fig. 3a). We found no effect of diversity on the energy flux into predators (Table S3).

The interaction strength of consumers to producers was influenced by interactions of producer, consumer, and vertical diversity. Horizontal diversity decreased the interaction strength, whereas vertical diversity increased it (Fig. 2g,h). The interaction strength was lowest at high horizontal and low vertical diversity, but highest at low horizontal and high vertical diversity (Fig. 2g,h), where the interaction strength was positively correlated with the energy flux into consumers (Fig. 3b). No significant diversity effects were detected on the interaction strength of predators to consumers (Table S3). Finally, the interaction strength of consumers to producers was positively correlated with the degree of self-damping (Fig. 3c), indicating that strong interactions decreased food web stability.

Experiment 2: large perturbations

In line with the results obtained with the Jacobian method for simulated and empirical food web data, producer and consumer diversity both increased stability (i.e. functional resilience) against severe perturbations and the positive effect of producer diversity was stronger when consumer diversity was high (Fig. 4a-d). Again, vertical diversity decreased stability (Fig. 4a-d). Therefore, functional resilience was highest at high horizontal diversity and low vertical diversity, and it was lowest when horizontal diversity was low and vertical diversity was high (Fig. 4a-d). We found qualitatively identical results for stability measured by the compositional resilience (Fig. 5a-d), even though the interactive effect of producer and consumer diversity was weaker for the case of herbicide exposure.

The effects of horizontal and vertical diversity on the functional and compositional resilience were associated with effects on total biomass (sum across all trophic levels) and composition, respectively. Total biomass showed signs of recovery after exposure to the herbicide and insecticide, but horizontal diversity increased the biomass recovery rate while vertical diversity decreased it. This result can be understood from the smaller effect the pesticides had on the horizontally more diverse communities (Fig. S4a-d and Fig. S5a-d). Indeed, this smaller effect translates to the numerator and especially denominator of Eq.2 being smaller at higher horizontal diversity, making their ratio (i.e. functional resilience) inevitably larger. The opposite occurred for vertical diversity, which increased biomass differences (Fig. S4e,f and Fig. S5e,f) and therefore decreased the recovery rate.

On average, the composition of the exposed and control communities was more similar on day 21 than on day 6, indicating compositional recovery. Horizontal and vertical diversity had also opposite effects on compositional recovery. Because producer abundance accounted for more than 97% of the whole community, the effects of horizontal and vertical diversity on compositional recovery can be understood by focusing on the producer community.

The herbicide directly decreased the abundance of sensitive producers (*Desmodesmus pannonicum, Chlorella vulgaris* and *Selenastrum capricornutum,* Fig. S6a) on day 6, but did not change consumer composition (Fig. S6c,d). A greater producer diversity caused an insurance effect as tolerant producers (e.g., *Scenedesmus obliquus* in Fig. S6a) became dominant, which caused compositional differences between the control and the herbicide-treated systems. This difference translates to the last term of Eq.3 (BC_6) being smaller at higher producer diversity (no composition changes on day 21), making the difference between BC_{21} and BC_6 (i.e., compositional resilience) inevitably greater. We also found that the magnitude of this

insurance effect was increased by consumer diversity, but decreased by vertical diversity, which respectively increased and decreased compositional recovery (Fig. S6a-d).

The insecticide directly decreased the abundance of sensitive consumers (i.e., *Daphnia pulex*, and *Moina macrocopa* in Fig. S7a), and tolerant species (e.g., *Daphnia lumholtzi* in Fig. S7a) became dominant. The dominance of tolerant species had indirect, top-down, effects on its preferred algae (*Scendesmus acutus, C. vulgaris* and *S. capricornutum*), which increased the abundance of non-preferred algae (*D. pannonicum*), compensating the loss of the preferred algae (Fig. S7c). Again, this represents an insurance effect, but this time driven by consumer diversity. This mechanism caused composition to be more different between control and insecticide-exposed systems on day 6 (no composition discrepancy on day 21), which again translated to the last term of Eq.3 (BC_6) being smaller at higher consumer diversity, making the difference between BC_{21} and BC_6 (i.e. compositional resilience) inevitably greater. This insurance effect was again increased by producer diversity, but decreased by vertical diversity, which increase and decrease compositional recovery, respectively (Fig. S7a-d).

DISCUSSION

Our model and empirical results show for the first time that horizontal diversity and vertical diversity jointly affect stability. Specifically, the effect of producer diversity was stronger when consumer diversity was higher, regardless of vertical diversity. Vertical diversity consistently decreased stability. Taken together, these results suggest that food webs that are horizontally diverse at various trophic levels, but contain relatively few trophic levels will be more stable. These conclusions are broadly supported. First, both model simulations and two independent experiments with natural food webs yield consistent results. Second, we applied both

Jacobian-based stability assessments that assume small perturbations and population equilibrium, but also alternative stability measures following large perturbations.

The results from the simulations and empirical food webs (experiment 1) indicate that, under the assumption of small perturbations and population at equilibrium, horizontal and vertical diversity affect food web stability by changing (average) interaction strength. The individual and joint effects of producer and consumer diversity as well as the effect of vertical diversity, as found through modelling, can be understood from changing average interaction strengths (Fig. S8). The results from experiment 1 can be explained by biomass changes and energy flows between trophic levels, which finally change interaction strengths between trophic levels. We show that the well-known positive (and negative) effects of horizontal (and vertical) diversity on consumer biomass (Duffy 2002; Cardinale *et al.* 2003) underpin these proposed effects. The positive interactive effects of producer and consumer diversity on consumer biomass reflects a greater niche differentiation among producers and consumers, optimising consumer biomass (Cardinale *et al.* 2006; Tilman *et al.* 2014; Barnes *et al.* 2018). The negative effect of vertical diversity on biomass reflects predation on consumers. It should be noted that, in this study, we only added a single predator individual. Given that natural systems are controlled by predator populations (Cardinale *et al.* 2003; Snyder *et al.* 2008; Griffin *et al.* 2013), biomass depression by vertical diversity can be higher than reported here.

Increasing the biomass of a focal trophic group generally increases the energy flux into this group (Otto *et al.* 2007; Ehnes *et al.* 2011; Barnes *et al.* 2014). At high vertical diversity (i.e., 3), we found a positive interactive effect of producer and consumer diversity on consumer biomass, which was indeed positively associated with energy fluxes into consumers. However, the positive association between biomass and energy flux can be overruled by other factors

such as body size structure (Barnes *et al.* 2014, 2018). Under low vertical diversity (i.e., 2), we detected that high consumer biomass was negatively correlated with the energy fluxes to consumers. We found some support that individual body mass distributions could explain this result (Fig. S9). The treatments with high consumer biomass had a higher proportion of large individuals, which have slower metabolic rates, and thus generate lower energy fluxes, than small organisms.

High energy flux between trophic levels can increase interaction strength (McCann 2000; Rip & Mccann 2011; Schwarz *et al.* 2017; Kadoya *et al.* 2018), which in turn decreases food web stability (McCann 2000; Rip & Mccann 2011; Ushio *et al.* 2018). We found that the large energy flux into consumers indeed increased the interaction strength between consumers and producers, which led to lower stability. More specifically, producer and consumer diversity positively interacted to decrease interaction strengh, which increased food web stability. Vertical diversity increased the interaction strength and decreased stability.

Taken together, interactive effects of producer and consumer diversity can change consumer biomass and the energy flux into consumers, leading to weak interactions and increased stability. Vertical diversity, in contrast, makes for strong links which will decrease stability.

Pesticide effects on community biomass were a direct result of effects on community composition, and were buffered by horizontal diversity. This buffering effect has been shown before for competitive systems (Gonzalez & Loreau 2009; Isbell *et al.* 2015; Baert *et al.* 2016). Our findings suggest that this effect also holds for food webs. Importantly, we found that – in our system where producers were the largest community – this effect occurs both when the pesticide directly affects producers and when it affects producers indirectly by depressing consumers.

We are cognizant of our study's limitations. First, in our experiments, we only considered two levels per horizontal and vertical diversity treatment. Previous studies have shown that food webs with higher horizontal (producer or consumer) diversity have larger niche differentiation and lower consumption rate (Duffy *et al*. 2007; Edwards *et al*. 2010). We therefore expect the positive effect of producer diversity on stability to be stronger than reported here. Second, natural systems often vary not only in species richness but also in how species biomasses are distributed. Our results may therefore change when considering alternative diversity indices (e.g., Shannon's index in Kato *et al*. (2018)). However, a combination of Shannon's index and species richness may provide a deeper insight in future work. Third, our model assumed pairwise interactions and neglected potential higher-order interactions, i.e. pairwise interactions being modulated by a third species, which have been found to stabilize communities (Bairey *et al.* 2016; Grilli *et al.* 2017; Mayfield & Stouffer 2017; Letten & Stouffer 2019). We expect that adding high-order interactions will reinforce the positive effect of horizontal diversity we found here, but weaken the negative effect of vertical diversity on stability. Finally, our results cannot be extrapolated to food webs that include omnivores. Previous studies indeed showed that complex food webs with omnivores potentially hold many stabilizing weak links (Neutel *et al.* 2002, 2007), making the destabilizing effect of vertical diversity we report here possibly weaker. Recent studies demonstrated that the presence of omnivores can alter the relationship between vertical diversity and primary productivity in complex food webs (Wang *et al.* 2019).

Our results show that different aspects of biodiversity may affect stability in different ways, through effects on biomass, energy fluxes, and eventually interaction strengths. How our results scale up to more complex food webs is an outstanding question, but our findings suggest that the benefits of horizontal diversity can in theory overcompensate the negative

effects of vertical diversity. Our results show that conserving horizontal diversity across trophic levels (multiple horizontal biodiversity) can offer a solution to maintain both functioning and stability of natural ecosystems with high vertical diversity.

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FIGURE LENGENDS

Figure 1. Model simulations illustrating the interactive effects of horizontal (producer and consumer) and vertical diversity on recovery time (a lower recovery time indicates a greater stability).

Figure 2. The interactive effects of horizontal (producer and consumer) and vertical diversity on stability (the degree of self-damping) (a, b), on consumer biomass (c, d), on energy flux from producers to consumers (e, f), and on the absolute value of interaction strength of consumers to producers (g, h). Plotted are sample mean ± one s.d. Detailed statistical results are listed in Table S4.

Figure 3. Relationships between consumer biomass (g m^{-2}) and energy flux from producers to consumers (g c m^{-2} h^{-1}) (a), between the energy flux from producers to consumers (g c m^{-2} h^{-1}) and the absolute value of interaction strength of consumers to producers (b), and between the absolute value of interaction strength of consumers to producers and the degree of self-damping (c).

Figure 4. The interactive effects of horizontal (producer and consumer) and vertical diversity on the functional resilience after herbicide (a, b) and insecticide (c, d) exposure. Plotted are sample mean ± one s.d. Detailed statistical results are listed in Table S5.

Figure 5. The interactive effects of horizontal (producer and consumer) and vertical diversity on the compositional resilience after herbicide (a, b) and insecticide (c, d) exposure. Plotted are sample mean ± one s.d. Detailed statistical results are listed in Table S5.

FIGURES

Figure 1

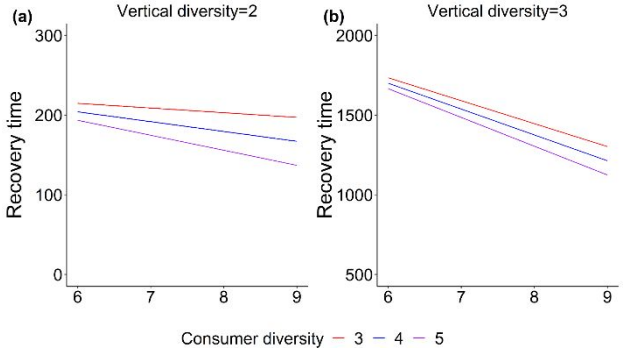

Figure 2

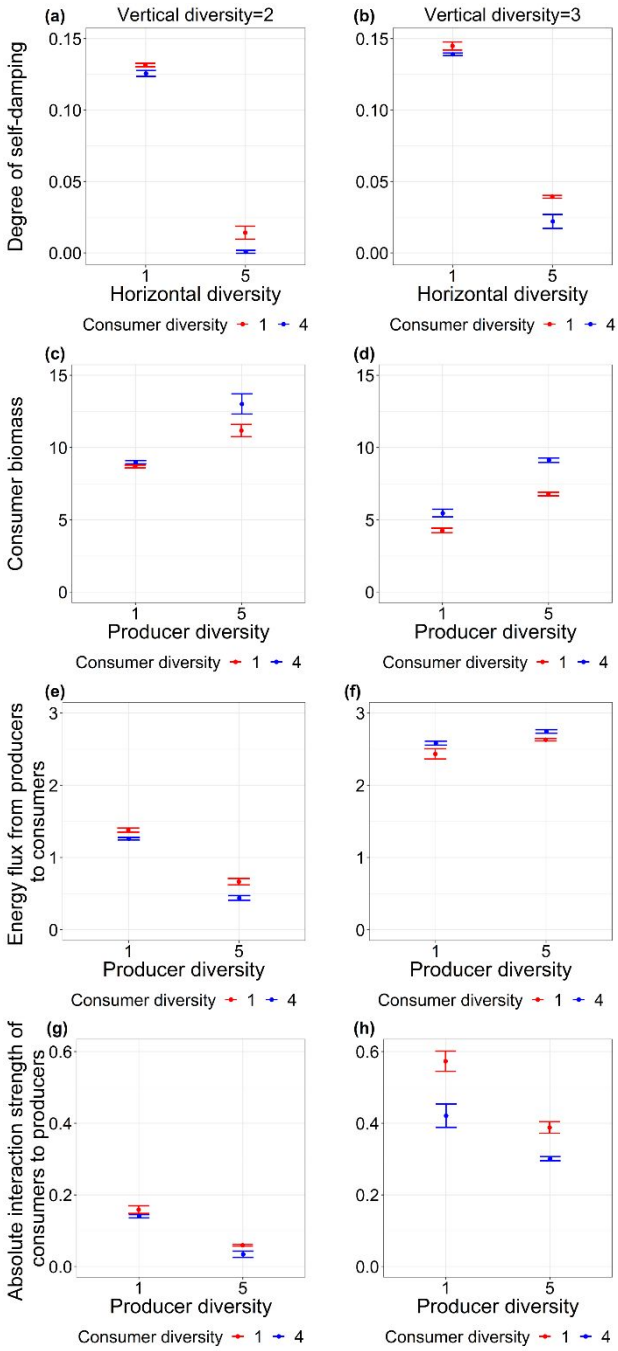
(a)
Vertical diversity=2
(b)
Vertical diversity=3
Degree of self-damping
0.15
0.10
0.05
0.00
1
5
Horizontal diversity
Consumer diversity 1 4
(c)
(d)
Consumer biomass
15
10
5
0
Producer diversity
(e)
(f)
Energy flux from producers to consumers
3
2
1
0
(g)
(h)
Absolute interaction strength of consumers to producers
0.6
0.4
0.2
0.0

Figure 3

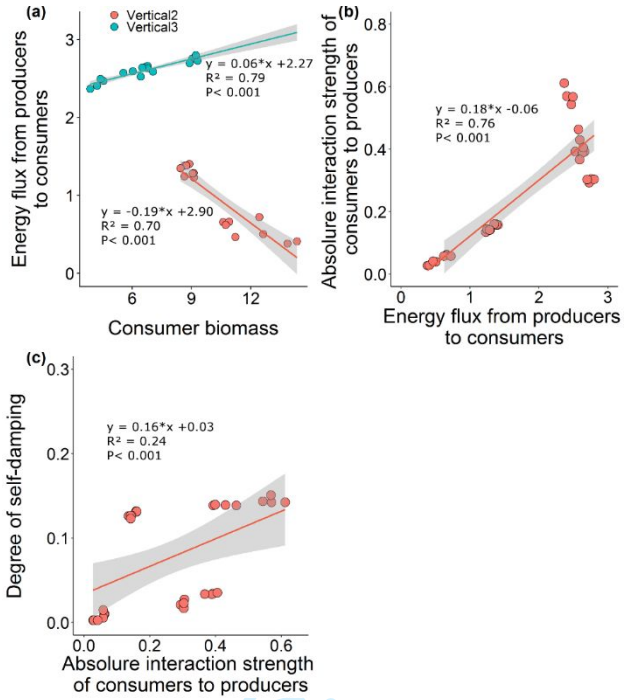

Figure 4

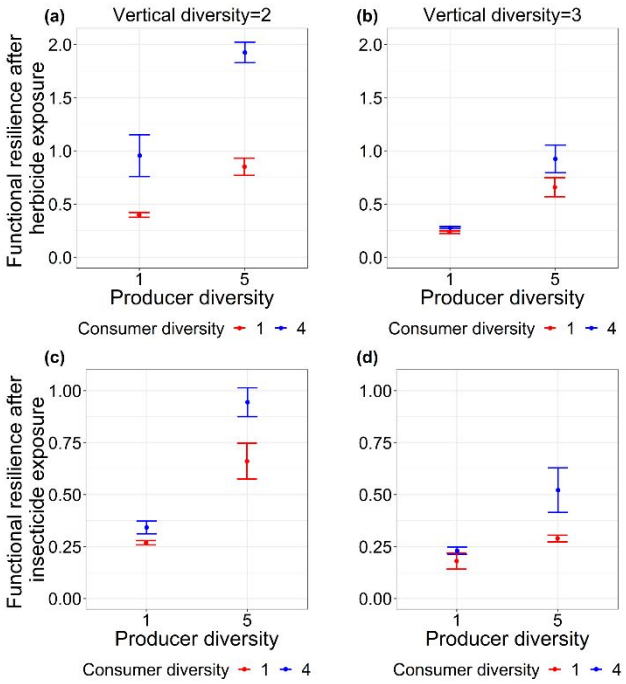

Figure 5